

# MENU

*Garden  
Balthazar  
caffè*

# BRUNCH

## BRUNCH BALTHAZAR / 39,00€ **NEW** (TO SHARE)

Two eggs of your choice (except Mediterranean);

Two pancakes of your choice (except baby pancakes and bacon & egg); Two yogurts with granola and fruit;

Two hot drinks (coffee, Americano, cappuccino, or tea);

Two glasses of orange juice.

## BRUNCH EMPIRE / 19,90€

Hash brown, sautéed mushrooms, and spinach;

Mafra bread, scrambled eggs, bacon, sausages, avocado, and maple syrup;

Mimosa or orange juice and coffee, Americano, or tea.

## BRUNCH KIDS / 11,00€

Baby pancakes with Nutella;

Yogurt with seasonal fruit;

Slice of ham and cheese;

Croissant with jam;

Orange juice.

## BRUNCH CLASSIC / 18,00€

Classic pancake with maple syrup;

Simple eggs of your choice;

Natural yogurt with seasonal fruit and Balthazar granola;

Orange juice and coffee, Americano, or tea.

## BRUNCH VEGAN / 18,00€ **NEW**

Oat and banana pancake with peanut butter and jam;

Beetroot hummus and avocado toast with balsamic glaze;

Plant-based yogurt with seasonal fruit and Balthazar granola;

Orange juice and coffee, Americano, or tea.



# BREAKFAST ALL DAY

## AÇAÍ BOWL **BEST SELLER**

Açaí, seasonal fruit, Balthazar granola, and honey or maple syrup.

8,50€

## BALTHAZAR YOGURT\*

Natural yogurt with seasonal fruit, Balthazar granola, and honey or maple syrup.

5,50€

## BALTHAZAR YOGURT WITH AÇAÍ BALL \*

Natural yogurt, seasonal fruit, Balthazar granola, açai ball, and honey or maple syrup.

7,90€

## CHIA PUDDING

Coconut milk, oat milk, chia seeds, agave, seasonal fruit coulis, and toasted coconut flakes.

5,00€

## BANANA BREAD

Banana bread, vegan yogurt, peanut butter, brulée banana, and maple syrup.

5,50€

## FRENCH TOAST **BEST SELLER**

Brioche bread, a scoop of vanilla ice cream, red berry jam, and maple syrup.

7,50€

## BREAD BASKET

Two croissants, brioche bread, and sourdough bread served with butter and jam.

6,00€

## OAT PORRIDGE

Oat milk, peanut butter, baked apple, cinnamon, and maple syrup.

6,50€

## CROISSANT WITH HAM AND CHEESE\*

Croissant filled with ham and cheese.

3,50€

## CROISSANT WITH JAM AND BUTTER\*

Plain croissant served with butter and jam.

3,50€

## TOAST\*

Toasted bread served with butter and jam.

3,00€

\*Coffee and Fresh Orange Juice +€3.50 / \*Plant-Based Yogurt +€1.00



## EGGS

### SIMPLE EGGS

4,80€

Scrambled, fried, or poached eggs, served with Mafra bread, brioche bread, or a flaky croissant.

### EGGS BENEDICT **BEST SELLER**

8,50€

Brioche bread, poached egg, bacon, Hollandaise sauce, and chives.

### EGGS BALTHAZAR **BEST SELLER**

8,90€

Brioche bread, avocado, spinach, poached egg, Hollandaise sauce, and mixed seeds.

### EGGS ROYAL

8,90€

Brioche bread, smoked salmon, poached egg, Hollandaise sauce, and chives.

### EGGS MEDITERRANEAN

8,50€

Homemade tomato sauce, poached eggs, parmesan cheese, fresh herb salad, and Mafra bread.

### EGGS STRACCIATELLA **NEW**

9,00€

Croissant, arugula, burrata with cream, turkey ham, poached eggs, confit cherry tomatoes, and pesto sauce.

# STARTERS

## PUMPKIN SOUP **NEW**

3,00€

Pumpkin cream soup with croutons, mixed seeds, and olive oil.

## HUMMUS

6,50€

Hummus with zaatar, feta cheese, garlic olive oil, pickled red onion, chives, and Mafra bread.

## SHRIMP / SALMON TACOS

8,90€

Shrimp/Salmon with guacamole, iceberg lettuce, sriracha mayonnaise, pickled onion, chili pepper, and sesame seeds.

## GUACAMOLE AND NACHOS

7,00€

Guacamole with pickled onion, chili pepper, lime with piri piri, and tortilla chips.

## BURRATA AND HAM

9,90€

Burrata, ham, pesto sauce, walnut kernels, garlic olive oil, basil, fleur de sel, ground pepper, and Mafra bread.

## SWEET POTATO FRIES OR CRINKLE-CUT FRIES **NEW**

6,50€

Fried sweet potato or crinkle-cut fries served with yogurt and herb sauce.

## BUILD YOUR POKE 12,90€

### 1. CHOOSE YOUR PROTEIN

SALMON  
BREADED CHICKEN  
SHRIMP  
TOFU (Available only in Porto)

### 2. CHOOSE YOUR SAUCE

SHOYU  
TERYAKI  
SRIRACHA MAYONNAISE

### COMPOSITION:

Sushi rice, avocado, mango, cherry tomatoes, edamame, cucumber, crispy onion, and cream cheese.



## OPEN TOASTS & BAGELS

**SMOKED SALMON** BEST SELLER **9,90€**

Mafra bread, smoked salmon, cream cheese, arugula, pickled cucumber, and confit tomato.

**AVOCADO AND FETA CHEESE** **9,00€**

Mafra bread, avocado spread, feta cheese, tomato, poached egg, and balsamic glaze.

**BURRATA AND HAM** **10,00€**

Mafra bread, pesto sauce, creamy burrata, ham, and tomato.

**GRILLED CHICKEN WITH BACON AND EGG** BEST SELLER **9,00€**

Mafra bread, grilled chicken, crispy bacon, fried egg, iceberg lettuce, crispy onion, Parmesan cheese, and aioli sauce.

**BETROOT HUMMUS AND AVOCADO TOAST** NEW  **9,00€**

Mafra bread, beetroot hummus, avocado, walnuts, and balsamic glaze.

**SMOKED SALMON BAGEL** **9,90€**

Seeded bagel, cream cheese, spinach, avocado, and smoked salmon.

**BACON AND EGG BAGEL** **9,50€**

Seeded bagel, cream cheese, bacon, scrambled eggs and avocado.

**\*OPEN TOASTS, BAGELS, AND EGGS:** Served with seasonal greens, fruits, leaves, and vinaigrette dressing.

# SANDWICHES

**SMOKED SALMON SANDWICH** **NEW** 10,90€

Brioche bread, truffle cream, smoked salmon, and arugula.  
Served with sweet potato chips.

**BURRATA AND HAM SANDWICH** **NEW** 10,50€

Brioche bread, truffle cream, arugula, burrata, and ham.  
Served with sweet potato chips.

**MOZZARELLA AND DRIED TOMATO SANDWICH** **NEW** 9,00€

Brioche bread, pesto sauce, arugula, mozzarella, and dried tomato. Served with sweet potato chips.

## BOWLS (Available only in Porto)

**GRILLED SALMON BOWL** **NEW** 12,90€

Basmati rice, grilled vegetables, and grilled lemon.  
Served with salmon sauce.

**GRILLED CHICKEN BOWL** **NEW** 11,00€

Basmati rice, grilled vegetables, and poached egg.  
Served with chicken sauce.

**CORN FLAKES CHICKEN BOWL** **NEW** 12,50€

Basmati rice and grilled vegetables. Served with sriracha mayonnaise sauce.

**GRILLED TOFU BOWL** **NEW** 12,90€

Basmati rice and quinoa, grilled vegetables, and pickled onion.  
Served with soy-based sauce.



# BURGERS

## BALTHAZAR BURGER BEST SELLER 13,50€

Brioche, burger, bacon, cheese, lettuce, caramelized onions, pickled cucumber, aioli sauce, and crinkle-cut fries.

## CHICKEN BURGER BEST SELLER 12,50€

Brioche, cornflake-crust chicken, aioli sauce, coleslaw, bacon, cheese, and crinkle-cut fries.

## FISH BURGER 12,50€

Brioche, tartar sauce, lettuce, breaded tilapia fillet, cheese, and crinkle-cut fries.

## VEGGIE BURGER 13,00€

Brioche, soy burger with avocado and cilantro, lettuce, caramelized onions, pickled cucumber, and crinkle-cut fries.

## BURGER KIDS 8,90€

Brioche, simple burger with cheese, lettuce, and crinkle-cut fries.

# SALADS

## SHRIMP SALAD 11,90€

Mixed greens, shrimp, avocado, cherry tomatoes, crispy onion, mango, and honey mustard dressing.

## CHICKEN SALAD 11,00€

Mixed greens, breaded chicken, feta cheese, pickled apple, caramelized pecans, croutons, and vinaigrette dressing.

## VEGGIE SALAD 11,00€

Gourmet salad with hummus, Brussels sprouts, cauliflower, tomato vinaigrette, garlic olive oil, sea salt, mixed herbs, and falafel.

## BALTHAZAR SALAD 10,50€

Gourmet salad with sliced kiwi and strawberries, burrata, pecans, blackberries and raspberries, pesto dressing, and seasonal flowers.

# PANCAKES & WAFFLES

**CLASSIC PANCAKE\***     **5,90€**

Regular or vegan pancakes served with red berries, honey, Nutella, maple syrup, or peanut butter.

**BALTHAZAR PANCAKES** **BEST SELLER**   **8,00€**

Oat and banana pancakes with peanut butter, banana, and granola.

**BABY PANCAKE** **7,90€**

Mini pancakes with Nutella and whipped cream.

**BACON & EGG** **8,90€**

Regular pancakes with maple syrup, fried egg, and bacon.

**OREO** **NEW** **8,50€**

Regular pancakes with white chocolate cream and Oreo.

**NUTELLA** **8,00€**

Regular pancakes with Nutella and red berries.

**BANOFFEE** **NEW** **8,90€**

Regular pancakes with whipped cream, dulce de leche cream, brulée banana, and chocolate.

**LOTUS** **8,50€**

Regular pancakes with Lotus cream and caramelized cookie crumble.

**NUTELLA WAFFLE** **8,00€**

Homemade waffle with Nutella, red berries, and vanilla ice cream.

**CHOCOLATE-FILLED WAFFLE** **NEW** **8,00€**

Waffle filled with 50% chocolate, red berries, and vanilla ice cream.





## DESSERTS

**BROWNIE** **NEW** **5,90€**  
Chocolate brownie with peanut praline, salted caramel, and vanilla ice cream ball.

**LEMON BRULÉE** **NEW** **6,50€**  
Lemon cream with crumble.

**VEGAN CHOCOLATE MOUSSE** **NEW** **5,90€**  
50% chocolate, vegan cream, crumble, and red berry jam.

**BASQUE CHEESECAKE** **NEW** **6,00€**  
Basque-style cheesecake. Choice of salted caramel, red berry jam, or brulée

**CHOCO BOOM** **6,50€**  
Cocoa cake with hot brigadeiro sauce.

**SEASONAL FRUIT PLATE** **NEW** **5,50€**

**LEMON PIE** **5,90€**  
Cookie crust, lemon cream, meringue, and lemon zest.

**TIRAMISU** **5,50€**  
Mascarpone cream, champagne biscuit, coffee syrup with Cazcabel, and cocoa powder.

**CAKE** **5,00€**  
Homemade Red Velvet, Four Milks, or daily cake (ask the staff).

(Available only in Lisbon)

# DAILY PLATE

MONDAY  
TO FRIDAY

WORK  
DAYS

12H00-15H30  
19H00-22H30

## CHOOSE 1 PROTEIN

**BIFE DA VAZIA** 9,50€

With Chimichurri sauce.

**FRANGO GRELHADO** 8,50€

With mustard-based sauce.

**FRANGO CORN FLAKES** 8,90€

Breaded and served with sriracha mayonnaise.

**LOMBO DE SALMÃO** 9,50€

With honey, lemon, and dill.

**TILÁPIA GRELHADA** **NEW** 8,00€

With basil vinaigrette.

**FALAFEL**  8,50€

With yogurt and herb sauce.

## CHOOSE 2 GARNISHES +3,90€

**MIXED VEGETABLES** **NEW** 

Potato wedges, cauliflower, broccoli, sliced carrots, and confit cherry tomatoes.

**BASMATI RICE** **NEW**  

With chives.

**SWEET POTATO FRIES** 

**MIXED GREENS** 

Gourmet salad with cherry tomatoes and vinaigrette dressing.

**SWEET POTATO PURÉE** **NEW**

**HUMMUS**

With zaatar, pickled red onion, and feta cheese.

**COUSCOUS** 

With fresh herbs, olive oil, lemon juice, and salt.

Includes coffee and a drink (water, juice of the day, beer, or a glass of red or white wine).

Only available when choosing 2 options.



# EXTRAS

SLICED AVOCADO	1,50€
BACON	2,50€
MUSHROOMS	1,50€
HOLLANDAISE SAUCE	1,00€
AIOLI SAUCE	1,00€
YOGURT SAUCE	1,00€
SCRAMBLED EGGS	1,25€
POACHED EGG	1,25€
FRIED EGG	1,25€
AVOCADO SPREAD	1,50€
BREAD	1,00€
PARMESAN CHEESE	2,50€
SMOKED SALMON	2,50€
NUTELLA	1,00€
WHIPPED CREAM	1,00€
HONEY	1,00€
PEANUT BUTTER	1,00€
MAPLE SYRUP	1,00€
RED BERRY JAM	1,00€
BUTTER	1,00€
BANANA	1,00€
STRAWBERRY	1,50€
GRANOLA	1,50€
ICE CREAM BALL	1,50€



**BALHAZARCAFFE**  
Pass: butfirstcoffee